HEALTHY POSTURE FOR HEALTHY MOVEMENT

UNDERSTANDING GLOBAL POSTURE ANALYSIS
Basic Course
3 - 4 March 2017

TREATING AND PREVENTING INJURIES OF THE LOWER LIMBS - Advanced Course 1
9 - 10 June 2017

AVOIDING AND TREATING SHOULDER, ELBOW AND WRIST INJURIES USING GPS THERAPEUTIC PATHWAYS
Advanced Course 2
29 - 30 September 2017

INTEGRATING GPS THERAPEUTIC PATHWAYS IN SPINE AND PELVIC PAIN THERAPY
Advanced Course 3
17 - 18 November 2017

Courses are held at Via Croazia 2 - Udine - Italy

Organizing Secretary:
Chinesport SpA
Via Croazia, 2 – 3100 UDINE - ITALY
Tel. +39 0432 621621- Fax +39 0432 621 620
e-mail: chinesport@chinesport.it
sito: www.chinesport.it



Stef James Harley
Stef obtained his Master degree in Rehabilitation Sciences and Physiotherapy from the Vrije University Brussels in Belgium. Stef is an international speaker and lecturer on the re-education and adoption of proper posture, injury prevention and on the optimal execution of body activities. In his private practice he treats a wide variety of patients using GPS principles and pathways. His patients base includes professional athletes and World and Olympic champions.

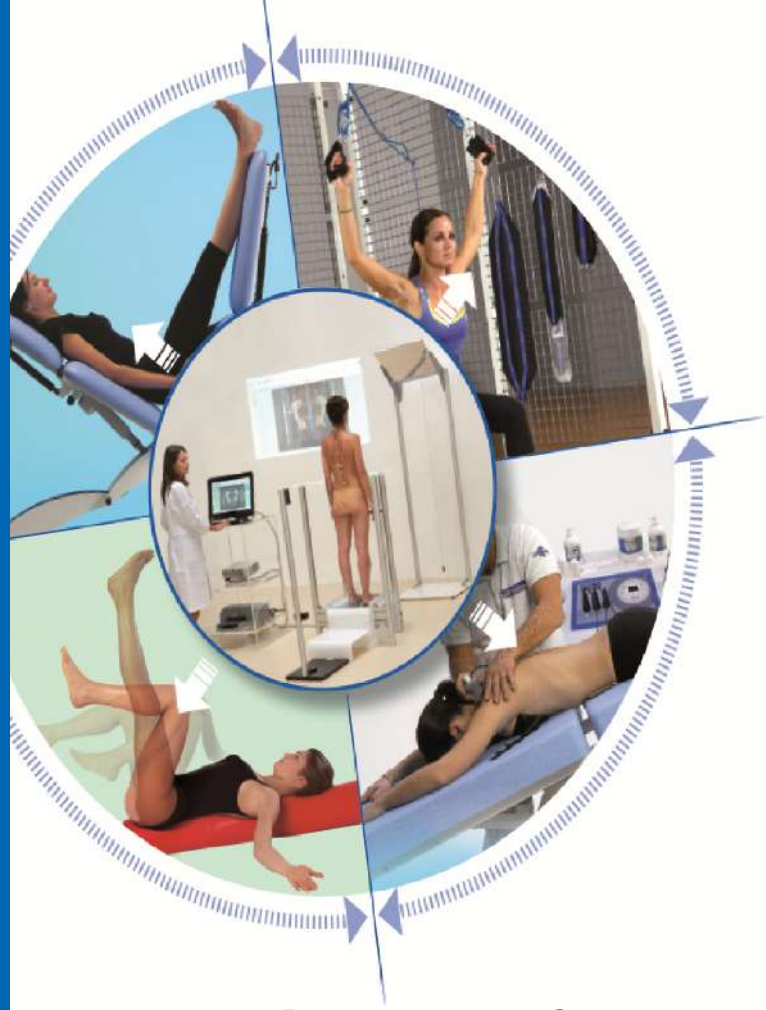


Alice Zelco
Alice completed her Master's degree in Physiotherapy at the University of Trieste. In her first ten years of occupational activity she achieved the basics of her free medical profession in the field of National Teams' Athletes, before approaching very diversified rehabilitation spheres, such as the neonatal and geriatric area. Then she developed her own methodological know-how allowing her to adapt the treatment plan to the individual patient's needs. Alice is also completing her postgraduate course for obtaining the Diploma in Osteopathy, enabling to approach the patient not only from a musculoskeletal point of view but by placing emphasis on the unity and uniqueness of the human individual, also from a visceral, craniosacral and emotional standpoint.

CHINESPORT® ITALIA
REHABILITATION and MEDICAL EQUIPMENT

CHINESPORT spa - Via Croazia 2 - 33100 Udine - Italy
Phone 0432 621621 – Fax 0432 621620
chinesport@chinesport.it

www.chinesport.it



Healthy Posture for Healthy Movement

Diagnostic and therapeutic pathways with a Global Posture Analysis approach

2017 PROGRAM

Speakers: Stef James Harley, Alice Zelco

"The approach of the Global Posture System Pathways allows us to achieve a successful outcome in a more rapid and efficient way since it provides the keys to better understand how the various body's posture systems interact and cause many disorders and injuries."

UNDERSTANDING GLOBAL POSTURE ANALYSIS

Basic Course (B)

3 - 4 March 2017 – 9am - 1pm / 2pm – 6pm

1. Learning how the various components of static posture interact
2. Introduction to the Global Posture Analysis concept
3. Learning to measure posture
4. Understanding the underlying mechanisms of postural deviations
5. Organizing in-depth examinations of interregional dependencies, disorders and injuries

TREATING AND PREVENTING INJURIES OF THE LOWER LIMBS

Advanced Course 1 (A1)

9 - 10 June 2017 – 9am - 1pm / 2pm - 6pm

1. Debate on how posture affects the lower limb injuries
2. Review of the lower limb measurements
3. Understanding the treatment of common injuries from the postural point of view
4. Introducing the GPS therapeutic pathways concept and its techniques
5. Discovering how the different postural sub-systems interact to produce an injury

AVOIDING AND TREATING SHOULDER, ELBOW AND WRIST INJURIES USING GPS THERAPEUTIC PATHWAYS

Advanced Course 2 (A2)

29 - 30 September – 9am - 1pm / 2pm - 6pm

1. Review of the aetiology of upper limb injuries
2. Understanding and determining how posture affects the most common injuries
3. Learning how to use the protocols for upper limb tests
4. Discovering how the GPS therapeutic pathways apply to injuries of the upper limbs
5. Using graduated exercises for preventing injuries

INTEGRATING GPS THERAPEUTIC PATHWAYS IN SPINE AND PELVIC PAIN THERAPY

Advanced Course 3 (A3)

17 - 18 November – 9am - 1pm / 2pm - 6pm

1. Debate on the aetiology of spinal and pelvic pain and the most common disorders
2. Learning how to use GPD analysis to develop a treatment strategy
3. Review of current postural concepts regarding spinal and pelvic disorders
4. Using the GPS therapeutic pathways in the treatment of pelvic and spinal pain
5. Discovering how pelvic and spinal pain can be avoided through the implementation of the Global Postural System concepts

COURSES REGISTRATION FORM

Course B ☐ A1 ☐ A2 ☐ A3 ☐

Name

Surname

Profession

Address

Town

Phone

E-mail

Tax Code

Company

Signature

Registration fees € 200 + Vat 22% for each course

Participants are kindly asked to fill in the registration form and send it by fax or e-mail to the organizing secretariat no later than one week before the event, along with a copy of the bank transfer made to the following account:

Holder: CHINESPORT SpA

Bank: UNICREDIT S.P.A - AGENZIA DI UDINE via Vittorio Veneto

IBAN: IT 93 K 02008 12310 000000566826

BIC SWIFT: UNCRITM1UN6

BIC SWIFT GENERICO: UNCRITMM